

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
	20 Minute Chunks									
	Read in English									
	Read in English									
	Sing. Listen to music (English)									
	Independent Play									
	Independent Play									
	Independent Play									
	Read in Mandarin									
	Read in Mandarin									
	Sing. Listen to music (mandarin)									
	Read in Italian						Dad Duties	Dad Duties		
	Read in Italian								Dad Duties	Dad Duties
	Sing. Listen to music (Italian)									
	Outing (park/errands)									
	Outing (park/errands)									
	Outing (park/errands)									
	Baby Centre Activity 1						Dad Duties	Dad Duties		
	Baby Centre Activity 2								Dad Duties	Dad Duties
	Sensory play									
	Independent Play						Dad Duties	Dad Duties		
	Fine motorskill play								Dad Duties	Dad Duties
	Independent Play									
	Outing (evening walk)									
	Outing (evening walk)									
	Outing (evening walk)									
	Fixed	Playgroup 9-12	English Playgroup 3 hrs	Playgroup 9-12	Grandma's 3hrs	-	-	-		
	Lunch and Dinner 2hrs									
	Bath time 20 minutes									
	Bed time routine 20 mins									
	1hr 20 nap	Work out	Yoga & Meditation	Work	Housework	Work out				
	2hr nap	Work	Work	Housework	Work					
	10 hr sleep (approx. 9pm - 7am)									